

Washington Square Endoscopy Center, LLC.
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INFORMATION FOR PATIENTS HAVING A PROCEDURE WITH SEDATION

- √ **For your safety, you MUST have a responsible ADULT who can stay with you for the duration of your procedure appointment. There are no exceptions. IF YOU ARE UNABLE TO COMPLY WITH THIS REQUIREMENT WE CANNOT PERFORM THE PROCEDURE. PLEASE RESCHEDULE YOUR PROCEDURE FOR A TIME WHEN YOU CAN MEET THE REQUIREMENTS.**
- √ **Plan on being at the endoscopy center for approximately 1 ½ to 2 hours.**
- √ **Due to sedation, you are not to drive or make critical decisions for 24 hours after the procedure.**
- √ **We recommend that a responsible adult stay with you the rest of the day.**

Plan ahead:

- Your physician may need to remove tissue for biopsy. It is advisable to stop blood thinners 3-5 days prior to the procedure. If you are currently taking **Coumadin, Plavix, Lovenox or heparin**, you must check with your prescribing physician about changing or interrupting your daily schedule.
- If you are on insulin, do not take your morning dose the day of the procedure unless directed by your prescribing physician. If you have any questions regarding your insulin requirements, review these instructions with your primary physician.
- If you think you may be pregnant, notify this office before the day of your procedure.

Bring with you:

- A list of medications you are currently taking.
- A list of any allergies you may have.
- The name and FAX number of your referring physician.
- The contact information for the responsible adult who is taking you home.
- Insurance cards, referrals and completed forms.

Before the procedure:

- Follow the specific instructions outlined in the preparation instructions provided by your physician. This will include dietary and fluid restrictions.
- Nothing by mouth includes gum, candy and mints.
- You may take high blood pressure medication and heart medication with a **sip** of water the morning of the procedure.
- You may brush your teeth.
- This procedure is performed very safely in the ambulatory setting. However, if you develop the need for acute care you will be transferred to Pennsylvania Hospital.

After the procedure:

- After the procedure you will be taken to the recovery area where you will be monitored until most of the effects of the relaxing medication have worn off.
- Your physician will discuss the results of your procedure with you prior to discharge. You will receive written discharge instructions.
- To ensure your safe discharge home, your accompanying adult must escort you from the 4th floor suite.

If you have any questions regarding your procedure, or, if you need to reschedule – Please contact our office at 215-829-3561.